

## **OUR LOCAL FOOD HEROES**

Home Farm Red Ruby Beef Our Own Butcher Trevor Haddy's Happy Hens Cornish Farmhouse Bacon Company **Electric Bakery** Hillcrest Bakery Creedy Carver Baker Tom Tregida Smoke House Celtic Fish & Game **Pethick Potatoes** Hugo's Breakfast Cereals Trewithen Dairy Rodda's Creamery Sarah and Finn's Relish Bay Tree Halzephron Callestick Ice Cream Tregothnan Estate Cornish Coffee Cornish Orchard Camel Valley Vineyard Polgoon Vineyard **Just Water Knightor Winery Tintagel Brewery** Deli Farm Charcuterie Cornish Tea Co.

> 01840 250827



Tarquin's

## **BEVERAGES**

**COFFEE** - Our coffee is ethically sourced from small producers around the world, and then roasted in Cornwall by Cornish Coffee.

Filter Coffee	£2.45
Cappuccino	£3.25
Americano	£3.10
Espresso	£2.90
Latte	£3.25
Flat White	£3.15
Decaffeinated	£3.10
Hot Chocolate	£3.65
Luxury Hot Chocolate	£4.35
served with cream and marshmallows	
Alternative Milk - Oat Milk or Soya Milk	£0.55
TEA	
Pot of Tea for one	£2.35

## TREGOTHNAN CORNISH LOOSE LEAF TEA

Pot of teas for one:	
Cornish Breakfast	£2.60
Cornish Breakfast Decaf	£2.60
Chamomile	£2.60
Earl Grey	£2.60
Peppermint	£2.60
Lemon Verbena	£2.60
Red Berry	£2.60
Green Tea	£2.60

CHILLED DRINKS	
Cornish Mineral Water - Sparkling or Still	£2.25
Cornish Apple Juice	£3.10
Cornish Elderflower Presse	£3.10
Frobisher's Raspberry & Rhubarb Sparkle	£3.10
Cornish Lemonade	£3.10
Cornish Non-alcoholic Ginger Beer	£3.10
Glass of Milk	£1.65
Fresh Orange Juice	£2.75
Bottle of Coke or Diet Coke	£2.95
MILKSHAKES	£4.35
Banana Blast, Strawberry Whip, Choc Chip or Salted	Caramel

Banana Blasi, sirambon, minp, sirat emp or samea	Caranion
FRESH FRUIT SMOOTHIES	
Strawberry Delight	£4.35
- strawberry, peach, papaya & pineapple	
Pineapple Sunset - pineapple, mango & papaya	£4.35
Raspberry Heaven	£4.35
- apple, raspberry, mango, blueberry & pineapple	
The Green Reviver	£4.35
- kale, mango, banana & lemongrass	

## **ALCOHOLIC DRINKS**

Camel Valley 'CORNWALL' BRUT £49.95 (bottle only) A fresh and fruity traditional method sparkling wine, perfect for all celebrations with fresh yeasty aromas, English hedgerow scents with good acidity and a touch of honey on the palate.

#### **PROSECCO**

£7.95 per 200ml bottle - £21.95 per 750ml bottle

#### **BOSCASTLE FARM SHOP HOUSE RED**

£17.95 per bottle - £5.95 per glass 175ml - £3.95 per glass 125ml Full bodied, medium dry & fruity.

#### **CAMEL VALLEY BACCHUS DRY WHITE**

£24.95 per bottle - £6.95 per glass 175ml - £4.95 per glass 125ml A fresh & fruity dry white wine, bright with a grassy hue, England's answer to Sancerre. Good varietal character and length with crisp, tangy elderflower and grapefruit flavours.

#### **KNIGHTOR CARPE DIEM ROSE**

£21.95 per bottle - £6.45 per glass 175ml - £4.25 per glass 125ml Off dry, with aromas of rose petal, raspberry and strawberry. Palate is round and fruity with citrus characters.

#### KNIGHTOR CARPE DIEM HOUSE WHITE

£21.95 per bottle - £6.45 per glass 175ml - £4.25 per glass 125ml Light & crisp, showing delicate hedgerow aromas of nettle & elderflower. Palate is crisp & lively.

#### **TARQUINS CORNISH GIN**

- 25ml £7.50 - 50ml £8.50 served with Fever Tree Tonic

## **LAGERS & ALES**

£4.25 per bottle

SHARPS DOOM BAR (500ML) - exceptional Cornish amber ale

ST AUSTELL BREWERY TRIBUTE (500ML) - Cornish pale ale

TINTAGEL BREWERY (500ML) - Cornish Pride, rich amber ale - Cornish Gold, ligh golden ale.

KOREV CORNISH LAGER (500ML) - Korev is the Cornish word for beer.

OFFSHORE PILSNER LAGER (330ML CAN)

# **CORNISH ORCHARDS CIDERS**

£4.25 per bottle

**CORNISH GOLD** - refreshing, sparkling and fruity with a dry finish.

**HERITAGE CIDER** - gently sparkling cider made from ripe Cornish windfall apples.

**BLUSH CIDER** - with a fruity aroma of fresh raspberries and dessert apples.

PEAR CIDER - a medium dry cider, created with beautiful English Conference pears.



## **BREAKFAST**

SERVED UNTIL 11.45 a.m. (11.30 a.m. on Sunday)

#### **CORNISH BREAKFAST**

£9.95

2 Homemade pork sausages, 2 rashers of Cornish dry cured bacon. Cornish hoa's pudding, grilled tomato, 2 free range fried eggs, sautéed Cornish potatoes, field mushroom and a slice of white or multigrain toast.

#### **SMALL CORNISH BREAKFAST**

£7.95

1 Homemade pork sausage, 1 rasher of Cornish dry cured bacon, Cornish hoa's pudding, grilled tomato, 1 free range fried eag, sautéed Cornish potatoes, field mushroom and a slice of white or multiarain toast.

### **CORNISH VEGETARIAN BREAKFAST**

£9.75

Homemade leek and Davidstow cheddar rissoles, arilled tomato. 2 free range fried egas, sautéed Cornish potatoes. field mushroom and a slice of white or multigrain toast.

#### WHOLE OAK SMOKED KIPPER

£8.95

Topped with a poached egg on white or multigrain toast

#### FREE RANGE SCRAMBLED EGGS & TREGIDA **SMOKED SALMON** £8.95

On white or multigrain toast.

#### **HOMEMADE FRESH WAFFLES SERVED WITH:**

Homemade rich dark chocolate sauce served with a choice of Cornish clotted cream or Cornish vanilla ice cream £8.50 Homemade sticky toffee sauce served with a choice of Cornish clotted cream or Cornish vanilla ice cream £8.50 Fresh seasonal fruit, a dollop of natural yogurt and drizzled with honey £8.50 £9.25 Crispy streaky bacon drizzled with maple syrup

## **B.F.S EXTRA LARGE BREAKFAST BAP**

£8.50 3 Homemade pork sausages, 3 rashers of Cornish dry cured bacon topped with 2 free range fried eggs

## **BACON OR SAUSAGE SANDWICH**

Our own Farm shop pork sausages or Cornish dry cured bacon, served on white or multigrain bread.

#### **FRUIT & NUT GRANOLA**

£9.95

£4.50

Served with Trewithen Dairy natural yogurt, mixed berries and honey.

## **TOAST**

£2.95

Two rounds of white or multigrain toast, served with Trewithen butter and our own homemade marmalade or jam.

#### **EXTRA BREAKFAST OPTIONS**

Baked beans, grilled tomato, field mushroom, sauteed Cornish potatoes, fried egg £0.80 each 1 homemade pork sausage, 1 rasher of bacon, hog's pudding £1.10 each

### **SANDWICHES**

All our sandwiches are made with freshly baked white or multigrain bread, garnished with a local mixed leaf salad, crisps, homemade dressing and coleslaw. We are able to offer a aluten free option if required.

#### HOME FARM AWARD WINNING RED RUBY BEEF £7.50 with creamy horseradish.

**HOME BAKED CORNISH HAM** £7.50 with wholegrain mustard.

FREE RANGE EGG MAYONNAISE £6.95

**DAVIDSTOW CHEDDAR, SPICY TOMATO & CARAMELISED ONION CHUTNEY** £7.25

TREGIDA SMOKED SALMON & CREAM CHEESE £8.95 with rocket and black pepper.

**BLT - CORNISH DRY CURED BACON, LETTUCE** AND TOMATO with a creamy mustard mayonnaise. £9.25

#### **TOASTIFS**

All our sandwiches are made with freshly baked bloomer bread, garnished with a local mixed leaf salad, crisps, homemade dressing and coleslaw. We are able to offer a gluten free option if required.

**CREAMY ST. ENDELLION BRIE, CORNISH DRY CURED BACON & CRANBERRY** £9.95

**DAVIDSTOW CHEDDAR & HOMEBAKED CORNISH** HAM £9.25

**CARAMELISED RED ONION & CREAMY GOATS** CHEESE £9.25

MEDITERRANEAN VEGETABLE & MOZZARELLA £9.25

## **HOMEMADE PASTIES**

TRADITIONAL STEAK

We make fantastic traditional pasties, all homemade and cooked daily in our Farm Shop kitchen using Boscastle potatoes, onion, our own reared Red Ruby beef or Davidstow cheddar.

TRADITIONAL STEAK £6.95 DAVIDSTOW CHEDDAR, ONION & POTATO £6.95

garnished with Halzephron Cornish Ale Chutney, local mixed leaf salad, homemade dressing, coleslaw & crisps.

#### **DAVIDSTOW CHEDDAR, ONION & POTATO**

£10.25

garnished with Halzephron Cornish Ale Chutney, local mixed leaf salad, homemade dressing, coleslaw & crisps.

## **LIGHT LUNCHES**

#### **HOMEMADE SOUP OF THE DAY**

£7.25

BURGER

All soups are made using local seasonal produce and served with a chunk of local fresh bread. (Please see specials board)

## HOMEMADE CHICKEN LIVER PATE

£7.95

Served with fresh warm toast, local mixed leaf salad agrnish. coleslaw and Halzephron Cornish Ale Chutney.

#### A CHEESE SCONE PLATTER

£7.95

One homemade cheese scone, wedge of Davidstow cheddar. Halzephron Cornish Ale Chutney, pickled onion, coleslaw and a local side salad topped with homemade dressing.

# **LUNCHES**

## **QUICHE OF THE DAY**

£9.95

Freshly made with free range eags, Davidstow cheddar and a selection of local seasonal fillings. Check the deli counter for today's selections. All served warm, with a local mixed leaf salad, homemade dressing and coleslaw.

## FRITTATA OF THE DAY GF

£9.95

Served warm with a local mixed leaf salad, homemade dressing and coleslaw. A great gluten free option.

## **HOMITY PIE**

£9.95

A hearty pie made with Boscastle potatoes, Davidstow Cheddar, onions and Trewithen double cream. Baked in the oven and served with local mixed leaf salad, homemade dressing and coleslaw.

#### **B.F.S. FARMERS LUNCH**

£13.95

Our own sliced Red Ruby Beef, Home baked Cornish ham. Davidstow cheddar, pickled onion, Halzephron Cornish ale chutney, coleslaw, local mixed leaf salad, homemade dressing and a chunk of fresh multigrain or white bread.

## **PLOUGHMAN'S**

£12.75

Cornish Blue, St Endellion Brie and Davidstow Cheddar, Halzephron Cornish Ale chutney, pickled onion, coleslaw, local mixed leaf salad, homemade dressing and a chunk of fresh multigrain or white bread.

## **FISHERMAN'S**

£13.25

Local Tregida oak smoked salmon, trout and mackerel, Atlantic prawns with marie rose sauce, coleslaw, local mixed leaf salad, homemade salad dressing, slice of lemon and a chunk of fresh multigrain or white bread.

glazed bap with lettuce, slice of tomato and Sarah & Finns hot chilli relish. Served with crisps, local mixed leaf salad, homemade dressing and coleslaw on the side. (Cornish Blue, Cornish Brie, Davidstow Cheddar £1.00 or a rasher of Cornish dry cured bacon £1.10).

Homemade Red Ruby beef burger served in a freshly baked

HOMEMADE 6OZ RED RUBY BEEF & RED ONION

## FOR THE LITTLE ONES!

HOMEMADE 4OZ RED RUBY BEEF BURGER £6.95 In a white bap, served with crisps and small garnish.

## HOMEBAKED CORNISH HAM, DAVIDSTOW CHEDDAR OR EGG MAYONNAISE SANDWICH

£4.95

Served on white or multigrain bread with crisps and small salad aarnish.

#### **PASTA TWIRLS**

£5.95

Served with fresh homemade tomato sauce or green pesto and topped with Davidstow Cheddar cheese.

## **2 HOMEMADE PORK SAUSAGES**

£5.95

Oven baked potato wedges and baked beans

All children's meals come with a complimentary glass of orange or blackcurrant squash.

## SIDE ORDERS

**GARLIC BREAD** £3.50

# GARLIC BREAD WITH DAVIDSTOW CHEDDAR

£3.95

£3.50 **BOWL OF OLIVES WEDGES** £4.25

**SWEET POTATO FRIES** £4.25 £1.25

ADD DAVIDSTOW CHEDDAR £2.95 **HOMEMADE COLESLAW** 

# AFTERNOON OR ANYTIME TEA...

**CORNISH CREAM TEA** 

A pot of tea for one, two freshly baked scones with Rodda's clotted cream and strawberry jam.

TOASTED TEA CAKE Served with Cornish butter. £2.95

# **HOMEMADE CAKES**

£3.45 - £4.25

A good selection of freshly baked cakes, tray-bakes and biscuits.

## **HOMEMADE DESSERTS**

£6.25

£7.50

served with clotted cream, ice cream or custard.

#### **ICE CREAM**

1 Scoop £2.50 2 Scoops £3.95 3 Scoops £4.95

Gluten free options available. All our food is freshly prepared, so please be patient at busy times. All products are subject to availability and prices may vary. We have full allergen information on all our dishes, please ask a member of staff when ordering. All prices are correct at time of print, but maybe subject to change.